



Developing PRENCOS



Create a List

Research what outcomes exist in pregnancy nutrition studies



Interview Women

Ask women with personal experience about what outcomes are important



Delphi Survey

Online survey to rank the importance of outcomes and develop a consensus



Consensus Meeting

Discuss outcomes from the survey and vote on the final Core Outcome Set

What is PRENCOS



Healthcare Professionals



Nutrition Researchers



Women who have been pregnant

Agreeing on a list of outcomes that are the most important for studies that look at diet during pregnancy

Why develop PRENCOS



Connect Nutrition Research



Strong & Relevant Evidence



Best Dietary Advice

Evidence will build for the most important pregnancy outcomes and the results of the studies can be combined